

MANICURE & PEDICURE

Spa Ritual

Mani/25 Minutes 35

Pedi/50 Minutes 60

Experience our pampering manicure and pedicure with thorough attention to nails and cuticles followed by a luxurious salt scrub. Follow with your choice of aromatherapy and hot towels to soothe sore legs and feet. Then finish with a relaxing, tension relieving massage using a creamy moisturizer. Choose from a natural buff or polish color.

Scent of the Earth

Mani/25 Minutes 55

Pedi/50 Minutes 80

Relax and unwind with our deluxe manicure and pedicure starting with a mineral sea salt scrub infused with your choice of aromatherapy. Once exfoliated, your extremities are wrapped in a rich, thermal mask that increases circulation and treats sore muscles and joints. After removing the mask, enriched vitamin E and trace mineral cream help repair and protect, leaving skin smooth and hydrated. Choose from a natural buff or polish color.

Rescue Me Manicure and Pedicure

Mani/25 Minutes 45

Pedi/50 Minutes 70

This ultra-hydrating, instantly renewing treatment includes a mask brimming with the finest natural ingredients that are antioxidant and nutrient-rich. Finish with a creamy shea moisturizer that thoroughly absorbs into the skin, leaving it glistening and soft. Your hands and feet will be noticeably glowing for weeks.

NAIL ENHANCEMENTS

Gel Polish 20

Gel Removal 15

Nail Art 10

French 10

Polish Change 30

Paraffin Hand/Foot Treatment
20/30 each/both

WAXING SERVICES

Lip & Chin 25

Face 50

Full Leg 80

Full Arm 45

Back Wax 75

Brow 30

Bikini 50

Half Leg 40

Under Arm 25

HAIR SERVICES

Blowdry 65+

Women's Haircut 55

Men's Haircut 35

One Process Color 90+

Color Retouch 80+

Full Highlights 135+

Partial Highlights 115+

Updo 80+

Specialty Color - By Consultation

HAIR ENHANCEMENTS

Iron Work 15

Accessory Placement 25

Hair Mask 25

MAKEUP

Make Up Application 80

Express Eye 40

Lashes 15

MINI SERVICES

25 Minutes Massage 65

25 Minutes Facial 65

25 Minutes Reflexology 65

25 Minutes Salt/Sugar Scrub 65

To make a reservation
please dial extension **2120** or call **619.659.3373**.

Spa Hours • 9:00am - 6:00pm

Reservations

It is recommended to make reservations for flexibility and for your convenience. All reservations are guaranteed with a valid credit card. All services may be charged to your guest room or we accept all major credit cards.

Please indicate at the time of booking if you have a preference for a male or female therapist.

Cancellations

Your Spa and Salon services are reserved especially for you. We ask that you give us 24 hours in advance notice to change or cancel your appointments. We will do our best to accommodate your requests, however, late cancellation or no-show appointments will be charged the full service price.

Fees & Service Charge

For your convenience, a suggested 20% service charge will be added to the cost of your service. This service charge is dispersed to the spa staff members who served you during your stay. Additional gratuities may be given at your discretion as appreciation for outstanding service.

Age Restriction

Children under the age of 16 are not permitted in the Spa facility. Guests 16-17 years old will be accommodated only with a parent or guardian present during treatment.

Spa Etiquette

All Spa and Salon services include the use of the facility. We will provide you with a locker, robe and slippers. We invite you to arrive at least 30 minutes prior to your scheduled service time to enjoy the amenities that are offered within the spa. Undergarments may be worn during treatments for your comfort; however, all therapists are skilled in proper draping methods to ensure your privacy.

If at any point a service provider feels a client is behaving inappropriately, he or she is authorized to stop treatment immediately and the full service fee will be charged. We ask that you do not bring in valuables or cell phones into the relaxation or service area and to store them in the secured locker provided.

spa | ritual
AT SYCUAN

MENU



FACIALS

Spa Ritual

50/80 Minutes | 130/180

Benefit from this power-packed, nutrient-rich facial that's designed for your skin's specific needs, whether it be hydration, purification, or calming. Your customized treatment starts with effective enzymes that exfoliate, rejuvenate, and nourish. Our ritual will enhance all of your senses, bringing you to a perfectly balanced state of mind. You will be instantly satisfied with your noticeably improved skin clarity, tone, and texture.

Age Defiant

50/80 Minutes | 150/200

Give your skin a boost of radiance and plumpness. This facial will reduce the visible signs of aging, including fine lines and wrinkles, using intelligent exfoliation and firming peptides. Minimize the appearance of age spots, hyperpigmentation, and photo damage with brightening treatments that help smooth rough skin and reverse the hands of time.

Double Dose of Hydration

50/80 Minutes | 120/170

The ultimate treatment for deep hydration and radiance, this facial is ideal for dehydrated and stressed skin exposed to dry climates. The hydro-balance of the skin is restored with a nourishing blend of peptides and botanicals. Broad spectrum protection and antioxidants fight age-accelerating free radicals, resulting in a fresh and youthful complexion.

Purity Facial

50/80 Minutes | 140/190

A deep pore-cleansing facial with anti-bacterial benefits designed to eliminate impurities, this purifying facial calms inflammation and reduces redness, blemishes, and excess oil to reveal a healthy, glowing complexion.

FACIAL UPGRADES

- Peel Off Mask 25
- Eye Corrector 15
- Enzyme Peel Level One 15
- Enzyme Peel Level Two 25
- Lip Treatment 15
- Eye Brow Wax 25
- Lip & Chin Wax 20



SPA MENU

BODY TREATMENTS

Go for the Glow

25/50 Minutes | 75/125

This luxurious exfoliating body scrub reveals smooth, healthy skin while replenishing moisture. Skin emerges hydrated to the touch and visibly brightened. Personalize your treatment by selecting your choice of aromatherapy to awaken your senses and deepen your relaxation.

Honey Moisturizing Wrap

50/80 Minutes | 120/170

First, a dry brush will slough off any dry skin and enhance stimulation of the olfactory system. Then you will be cocooned in a full-body wrap using live honey and a deeply hydrating papaya cell wrap that naturally gets rid of dead skin cells. Receive a soothing scalp massage while being wrapped, allowing you to fall into a deep state of relaxation. Finish with a hydrating cream application that's rich in natural, active ingredients and bestows the skin with smooth silkiness.



Enriched Thermal Mud Wrap

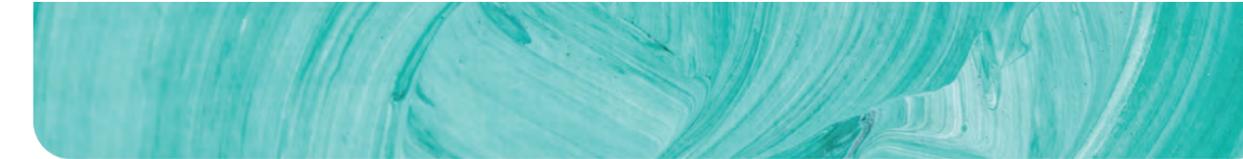
80 Minutes | 180

This rejuvenating treatment begins with a warm and creamy salt exfoliation with your choice of aromatherapy to reveal smooth skin. You'll be enveloped in a rich mineral mud mask with natural Kaolin Clay to purify, nourish, and revitalize, leaving skin light and luminous. A sprinkle of concentrated trace minerals gives off a burst of heat to help minerals penetrate deep into the skin—all while helping alleviate muscle tension, dry skin, and eczema as well as reduce inflammation and skin roughness. A light, aromatherapy-infused lotion infuses essential vitamins into your newly refreshed skin.

Rescue Me Body Treatment

50 Minutes | 120

Envelop your skin in infinite softness that will leave you irresistibly supple. This ultra-hydrating, instantly renewing mask is brimming with the finest natural ingredients that are rich in antioxidants and nutrients. Finish with a creamy and thoroughly absorbent shea moisturizer that glides over the skin, leaving your whole body ultra-hydrated.



MASSAGES

The Spa Ritual

50/80 Minutes | 130/180

Starting with a cleansing smudge, this service combines all the senses using exfoliation for soothing the skin, hot stones for deep relaxation, scalp massage to enhance meditation, and the benefits of aromatherapy to inspire inner peace. Finish the sensory journey with Spa Ritual's signature tea for a delicate, sweet finish.

Sycuan Customized Massage

50/80 Minutes | 110/160

Inspired by the best modalities, our massage combines Swedish and deep tissue techniques for a one-of-a-kind experience customized to your body's needs. This treatment will be everything you need to de-stress and regain energy. Relaxing light-to-medium movements along with the use of elbows and forearms for deeper areas will soothe sore muscles, restore health and wellness, and rejuvenate your body and mind.

Scent of the Earth Massage

50/80 Minutes | 120/170

Allow yourself to unwind with this tailored Swedish massage with your choice of blended essential oils to target the most commonly stressed areas of your body.



Sacred Mother's Ritual Massage

50/80 Minutes | 110/160

This massage is designed to nurture and honor your body during pregnancy. Swedish techniques are used to reduce stress, promote relaxation, and increase circulation. This massage is performed in a side-lying position to ensure maximum comfort and relaxation.

*Not offered during the first trimester.

Hot Stone Massage

50/80 Minutes | 130/180

This traditional Swedish massage is enhanced with the use of warm basalt stones. Heat penetrates deep into the muscles, melting away layers of tension and stress while the healing power of massage improves circulation, promoting an enhanced sense of well-being.

Couples Massage

Book any two massages of the same duration in the couple's suite to enjoy your treatment with that special someone at no additional cost.

MASSAGE ENHANCEMENTS

- Himalayan Salt Warm Stones 10
- Warm Oil Scalp Massage 20
- Aromatherapy 10
- Fire and Ice 10
- Hot Stone 20
- Paraffin Hand/Foot Treatment 20/30 each/both
- Deep Tissue 10
- Reflexology 20
- In-Room Service 50